Dear Parents,

On Friday, October 20th, the Rose M. Gaffney students K-8th grade will be participating in National Walk to School Day. **Bus students** will be picked up at their usual spot, but will be dropped off on the corner of Court Street and Broadway. We have volunteers that will be walking with the students up Court Street on the sidewalk and then turning onto the soccer field and continue to school. There will be a Police officer and/or volunteer located on the corner of Court Street and Broadway and also at the school entrance. **Students that are driven by car** to school can be dropped off at the Hemingway Annex (The Old Town Office) across the street from the Healthy Acadia office on Court Street. Students and parents will walk on the cross walk to join the students on the corner of Court Street and Broadway.

In previous years the soccer field has been wet, please have your child wear boots or bring an extra pair of shoes and socks to change if wet. If you would like to volunteer please call RMG/Tammy or Beth @ 255-3411.

Walking to school enables children to incorporate the regular physical activity they need each day while also forming healthy habits that can last a lifetime. Regular physical activity helps children build strong bones, muscles and joints, and it decreases the risk of obesity. It is also an opportunity for families to spend time together.

Please join us on Friday, October 20th for our Walk to School Day! Permission slips are due back to the school by Wednesday, October 18th.

If your child rides the bus, please circle which bus he/she rides

Whitneyville Machias (David) Marshfield Roque Bluffs Machias (Wayne) Northfield Machias (Mike)

Please check one:

My child/ren will _____walk to school or my child/ren will _____bike to school.

I give my child _____ permission to participate in the Walk to School Day Thursday, October 5th .

_____
Parent/Guardian Signature

If you would like to volunteer for the walk to school day or have questions, please contact Tammy or Beth /RMG @ 255-3411 or Terri Woodruff @ 255-3741 or 263-7300.